



# 5<sup>th</sup> SPIRIT OPEN ITF TAEKWON-DO CHAMPIONSHIP 2016 BUDAPEST

<b>Competition:</b>	5 <sup>th</sup> SPIRIT OPEN – ITF Taekwon-do Championship – 2016
<b>Organizer Association:</b>	TKD Spirit Association
<b>Organizer Master:</b>	Péter Szász 5 <sup>th</sup> Degree +36-20-398-5391, <a href="mailto:szasz.peter.tkd@gmail.com">szasz.peter.tkd@gmail.com</a>
<b>Information, registration:</b>	<a href="mailto:spiritopen@tkdspirit.hu">spiritopen@tkdspirit.hu</a>
<b>Head of Umpires:</b>	Attila Solti 5 <sup>th</sup> Degree
<b>Date of competition:</b>	2 <sup>nd</sup> April, 2016
<b>Location of competition:</b>	Vasas Sportcsarnok (Vasas Sport Hall) 1139 Budapest, 58 Fáy Street

**Age categories:**

Child: born after 02.04.2006

Youth: born between 02.04.2002 and 01.04.2006

Junior: born between 02.04.1998 and 01.04.2002

Senior: born before 01.04.1998.04.01

Old Boys: born before 01.04.1980

**Events:**

**Pattern** (Child / Youth / Junior / Senior categories for Taekwon-Do competitors only)

**Sparring** (based on the official ITF Taekwon-do rules in Child / Youth / Junior / Senior / Old Boys categories)

**Pre-arranged Free Sparring** (based on the official ITF Taekwon-do rules in Junior / Senior categories)

**Individual Power Test** (based on the official ITF Taekwon-do rules in Junior / Senior categories)

**Individual Special Techniques Test** (based on the official ITF Taekwon-do rules in Junior / Senior categories)

**Minimal belt degree for pattern**

Child: 10 gup

Youth: 9 gup

Junior: 8 gup

Senior: 8 gup

**Awarding:**

In **Child sparring** groups of 4 children are formed by category. Every Child competitor wins a medal in his/her own category (1 gold, 1 silver, 2 bronze).

In the other categories 1 gold, 1 silver and 2 bronze medals will be given.

**Umpires:**

Every ITF Taekwon-do school or club must bring umpires according to the following schedule:

From 6 to 10 competitors: 1 umpire

From 11 competitors and above: 2 umpires.

If no umpire is submitted there will be a fine of 30 € for every missing umpire.

Dress code for umpires: navy blue/black pants, white shirt, blue/black tie, white shoes.

**Registration fee:**

Child / Youth: 15 €

Junior / Senior / Old Boys: 20 €

**Registration deadline:**

Pre-registration: Midnight 25.03.2016

Modification: Midnight 31.03.2016

**ATTENTION!**

**Every club needs to perform the Pre-Registration process.** We can approve the modification requests only from these clubs. After the draw (31.03.2016.) we can only approve modification for a fee (**20 €/modification**) **till 8:30 a.m. 02.04.2016.**

**Registration:**

via E-mail ([spiritopen@tkdsport.hu](mailto:spiritopen@tkdsport.hu)). Please fill and attach the Excel sheet **SpiritOpen2016en.xlsx**.

Attention! Please fill the characterization of the competitors in Child category.

Coaches are kindly requested to collect the entry fees from the competitors and pay them in lump sum to the organizers on the spot after registration.

**Entry conditions:**

Proper age

Registration in time

Payment of registration fee

Medical certificate for competitors taking part in sparring

## Event descriptions

### Pattern

Child	10-9-8-7 gup (Chon-Ji – Do-San)
	6-5-4 gup (Chon-Ji – Joong-Gun)
	3-2-1 gup (Chon-Ji – Choong-Moo)
Youth	9-8-7 gup (Chon-Ji – Do-San)
	6-5-4 gup (Chon-Ji – Joong-Gun)
	3-2-1 gup (Chon-Ji – Choong-Moo)
Junior	8-5.gup (Chon-Ji – Yul-Gok)
	4-1.gup (Chon-Ji – Choong-Moo)
	I.dan (Chon-Ji – Ge-Baek)
	II.dan (Chon-Ji – Juche)
Senior	8-5.gup (Chon-Ji – Yul-Gok)
	4-1.gup (Chon-Ji – Choong-Moo)
	I.dan (Chon-Ji – Ge-Baek)
	II.dan (Chon-Ji – Juche)
	III.dan (Chon-Ji – Choi-Yong)
IV-VI.dan (Chon-Ji – Moon-Moo)	

This is a round robin tournament in case of 3-person-group, but this is a knockout tournament in case of more than 3 persons in a group.

Child and Youth competitors must present one pattern, which will be chosen by the referee during the qualifying round and the final too.

Junior and Senior competitors must present one pattern during the qualifying round and two patterns during the final, which will be chosen by the referee.

## **Sparring**

Organizers will form 4-person teams in the Child category for girls and boys separately based on age, weight, knowledge, experience. This is a knockout tournament (direct eliminations system), in which each competitor wins a medal (1 gold, 1 silver, 2 bronze).

Other categories have weight categories for girls and boys / female and male separately. This is a knockout tournament (direct eliminations system).

### **Weights:**

<b>Youth boy (kg):</b>	-35, -42, -48, -55, +55
<b>Youth girl (kg):</b>	-32, -38, -44, -50, +50
<b>Junior male (kg):</b>	-50, -56, -62, -68, -75, +75
<b>Junior female (kg):</b>	-45, -50, -55, -60, -65, +65
<b>Senior male (kg):</b>	-57, -63, -70, -78, -85, +85
<b>Senior female (kg):</b>	-50, -56, -62, -68, -75, +75
<b>Old Boys (kg):</b>	-75, +75

Sparring times:

	<b>Child</b>	<b>Youth</b>	<b>Junior</b>	<b>Senior</b>	<b>Old Boys</b>
<b>Qualifying round:</b>	1 X 1.5 minutes	1 X 2 minutes	1 X 2 minutes	1 X 2 minutes	1 X 2 minutes
<b>Final:</b>	2 X 1 minutes	2 X 1.5 minutes	2 X 2 minutes	2 X 2 minutes	2 X 2 minutes

Rest time between the rounds: 1 minute.

When the number of competitors is less than two (2), organizers might decide to combine categories by the consent of the competitor's coach.

### General rules of sparring

This is a Light contact sparring based on ITF Taekwon-Do rules. Attacks can happen with half power and controlled manner. The body and head can be attacked from the front and from the side, the side of the neck can be attacked with fists, feet, heels, and end of the tibia. Only the open side attacks are allowed. Only the section above the belt (over hip height) can be attacked! A competitor who is aggressive, very violent or using excessive forced techniques will warn or disqualified.

### Scoring:

- 1 point awarded for all hand techniques
- 2 points awarded for foot techniques to the body
- 3 points awarded for foot techniques to the head

Only those hits can be scored which are controlled, precise, quick and performed with sufficient force (light contact).

### Disqualification

The competitor will be disqualified, who

- ignores umpires directions;
- fights in full contact;
- has a 3 points reduction;
- uses alcohol or drugs during the competition.

### Point reduction

One point will be deducted from the competitor, who

- insults his opponent;
- loses his calm;
- bites or claws;
- attacks with elbow, knee or head;
- attacks the falling opponent;
- willfully attacks prohibited area;
- has 3 warnings;
- willfully pushes the opponent;
- attacks with full contact strength;
- performs foot-sweeping.

### Warning

The competitor will get a warning, who

- attacks prohibited area, not willfully;
- leaves the cockpit with both foot;
- falls down;
- puts off his opponent;
- simulates injury or hit;
- avoids the fight.

### The process of the sparring

Competitors wearing mandatory protection equipments must stand on the appointed place to begin the sparring (red and blue sides). Competitors will be differentiated with a red and a blue stripe on the back side of their clothes. Based on the command of the referee they will bow to jury or to the umpires and towards each other. The sparring begins after the command of the referee („SHI-JAK”). The competitors will fight until the end of the round or the command of the referee („HAECHYO”). In this case the competitors must stop sparring and stay in place till the referee restart the sparring with the „GAE-SOK” command. The round is over with the command of the referee („GOMAN”). At the end of the sparring the competitors must bow towards each other, to jury or to the umpires and to the referee. The competitors stay in place till referee signs the result. If the score is equal, the warnings and minus points will be cleared.

### **Pre-arranged free sparring**

Only for Junior and Senior category.

In this category the compilation of pairs can be optional: male, female, mixed couples.

Every pair can perform the movement one time, which will be scored by umpires. The order based on scoring will give the outcome of the event. In case of draw couples need to perform the movements again, which will be rescored by umpires (except in case of the two third places).

Couples must perform their movements between 60 and 75 seconds.

Pre-arranged free sparring will be held on the basis of ITF Taekwon-do rules.

### **Individual special techniques**

	Twimyo nopi chagi	Twimyo dollyo chagi	Twimyo bandae dollyo	Twimyo dolmyo yop cha jirugi	Twimyo nopi yop chagi
Junior Female	200	180			100
Junior Male	230	210	200	200	130
Senior Female	210	190			110
Senior Male	240	220	210	210	140

Special technique test will be performed using special technique machine. After performing the three or five techniques the summary of the points will give the outcome of the event.

Special technique tests taking place continuously throughout the day. Attention! Every competitor must perform the first round of the special technique test until 4 p.m. Final will be held after 4 p.m. The competitor, who do not perform the first round of the special technique test until 4 p.m, will be disqualified.

### **Individual Power Test**

	Ap-joomuk jirugi	Songkal tearigi	Yop chagi	Dollyo chagi	Bandae dollyo chagi
Junior Female		1	2	1	
Junior Male	1	1	2	1	1
Senior Female		1	2	1	
Senior Male	2	2	3	2	2

Power test will be performed using power test machine to white breaking board. After performing the three or five tests the summary of the points will give the outcome of the event.

Power tests taking place continuously throughout the day. Attention! Every competitor must perform the first round of the power test until 4 p.m. Final will be held after 4 p.m. The competitor, who do not perform the first round of power test until 4 p.m, will be disqualified.



## Equipment

### Clothes

Taekwon-Do competitors can only wear white ITF dobok. Kickboxing and other competitors might wear their own uniform.

Clothes do not contain any zip, button, snap, etc. which can cause injury.

### Protection equipment

Mandatory: Open hand or 10 once closed gloves, boots, groin protector, mouth protector and head protector for Juniors, Seniors and Old Boys.

Suggested: shin guards, bust-protector for Junior and Senior Female.

## Further information

The way of making a **protest** is based on ITF Taekwon-Do rules. Any official written protest must be declared to the tournament chairman within 5 minutes after the incident happened. Protests shall have a cost of 50 €. The tournament chairman will decide about the acceptance of the protest.

Organisers do not take responsibility for any sport injuries during the competition.

Every trainer is responsible for the medical certificate and the health status of the competitors.

Accident insurance is recommended. Competitors take part at the competition at their own risk (under the age of 18 with parental permission).

Organisers do not check the parental permissions, this is the trainers' responsibility.

During the competition medical care is provided.

A buffet is available all day long.

During the competition the 5<sup>th</sup> Spirit Open competition T-Shirt can be bought.

## Planned program

<b>01.04.2016</b> Friday	6 p.m.-9 p.m.	Registration, weighing
<b>02.04.2016</b> Saturday	7 a.m. - 8:30 a.m.	Registration, weighing
	<b>8:45 a.m.</b>	<b>Closing of registration and weighing</b> (From this time there is no more chance to registration, weighing or modification!)
	8:45 a.m.-9:15 a.m.	Umpire meeting, Coach meeting
	9:30 a.m.-9:45 a.m.	Opening ceremony
	<b>9:45 a.m.</b>	<b>Beginning of the competition</b>
	1 p.m.-2 p.m.	Lunch break

The first awarding ceremony will be held during the lunch break, and others will follow continuously during the afternoon.

**Attention! This is the planned program, but organizers reserve the right to change the program.**

