

Seminar with Master Jerzy Jedut & German National Coach Andrew Niven

Hamburg 9./10. March 2012



태권도



Dear coaches and active TKDoins,

we would like to invite you for this years seminar in Hamburg, Germany. The training sessions will take place on Friday March 9th and Saturday March 10th.

We will offer you a wide range of training possibilities. This time Master Jerzy Jedut (7th Dan, National Coach Poland) and Andrew Niven (6th Dan, German National Coach) will be hosting the training.

There will be training drills in Tul, Sparring and Breaking. It will be possible to sleep in the gym this year again, in case of not finding a suitable accomodation.

Note: there must be 100 confirmed participants until February 15th in order to make the seminar and tournament happen. Otherwise the event will be canceled!

Date: Friday 09. 03. 2012
Saturday 10. 03. 2012

Location: Thadenstraße 125, 22767 Hamburg
Otto-Ernst-Str. 34, 22605 Hamburg

Fee: - participation just on Friday 20,- €
- participation just on Saturday 55,- €
- both days 65,- €

Application: → deadline 15.02.2012; send it to Miropol@gmx.de
(registrations after that date will cost 15€ more p.P.)

Discount:

- participants that have been here already in 2011 10% off
- family discount (2 persons each 50%, every additional person 25%)
- group discount (8th person for free)

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Bank Account: Hamburger Volksbank
IBAN DE56201900030060
BIC GENDEFIHH2

For an acceptable registration you should send the entry list and transfer the fees.

Preliminary Timetable:

Friday 9th March	Saturday 10th March
18:00 arrival gym Thadenstr.	10:30 - 12:00 Special Technique with Andrew Niven (Otto Ernst Str.34)
19:00 - 21:00 Sparring session with Master Jedut	12:00 - 13:30 Tul with Master Jerzy Jedut (Otto Ernst Str.34)
21:30 gym Thadenstr. ready for overnighter	13:30 - 15:00 lunch break
	15:00 - 17:00 Sparring session with Master Jedut (Otto Ernst Str.34)
	17:30 gym Thadenstr. ready for overnighter

Furthermore we would like to draw your attention to our tournament on Sunday the 11th. The 2nd edition of „Black Eagles Cup“ will take place on this day. The Best of the categories Tul and Sparring will be awarded. There will be cash prizes for each winner.

We hope that a lot of enthusiastic TKDoin will show up for those events.

With kind regards,

Mirosław Bakalarz
(board member Choi's Fighters Sportclub)

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Seminar Instructors:

Master Jerzy Jedut 7. Dan

Jerzy Jedut is a well-known Coach in the scene of ITF Taekwon-Do. No wonder, since years he is training one of the world's best national teams - Poland. Among his most famous students are for example Jaroslaw Suska and Ilona & Daniel Dziala.

His training sessions are famous for their high fitness standards. Your training curve will increase a lot.



Andrew Niven 6. Dan

Andrew Niven of course is no blank page in Germany. As national coach of the German team he scored already a lot of medals in international tournaments. His speciality is Power Breaking and Special Technique.

Also as former head coach of New Zealand he was pretty successful with international competitions.

1995 Andrew received an award by General Choi, Hong Hi himself for excellent technique.

