



Irish National Taekwon-Do Association
www.inta.ie

20th INTA Open International I.T.F.
Taekwon-Do Tournament



IRISH NATIONAL TAEKWON-DO ASSOCIATION (I.N.T.A.)

20th INTA Open International I.T.F. Taekwon-Do Tournament
9 & 10 March 2019
Gormanston Park, Gormanston, Co. Meath

Invitation

Dear Grand Masters, Masters, Instructors,

It is with great pleasure that, on behalf of the I.N.T.A., I would like to invite you and your students to the 20th INTA Open International I.T.F. Taekwon-Do Tournament, to be held on 9 & 10 March 2019.

I hope that you can join us in Gormanston for this event.

The competition will be run under I.T.F. rules, with divisions for male and female, senior and junior, colour belt and black belt.

This is an invitation-only event. Please do not spread this invitation.

All competition applications and queries can be send to jeroen.wezelman@inta.ie

Looking forward to seeing you in March.

On behalf of Grand Master O'Toole IX Degree,

Yours in Taekwon-Do,

Jeroen Wezelman

IV degree

Tournament Director



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DETAILS

Date: 9 & 10 March 2019

Venue: (Franciscan College) Gormanston Park, Gormanston, Co. Meath

Start: Saturday 9 March 2019 9:45 a.m. – All junior colour belts up to 13 years of age.

Sunday 10 March 2019 9:45 a.m. – All 14 years and older and all junior black belts.

Fees:

	9th Kup	8th Kup – 1st Kup	I – VI Degree
Senior (18+)	€15	€30	€35
Junior (6 – 17)	€10	€25	€25

Closing date for entries via Soft Copy spread sheet is **16 February**. No further entries will be accepted after this date. A confirmation of receipt will be sent by email.

All hard copy entry forms and all fees from clubs from the Republic of Ireland must be returned by **23 February**. Clubs from abroad can pay on the day. A confirmation of receipt will be sent by email.

All postal orders, cheques or bank drafts to be made payable to I.N.T.A. No cash in the post, please.

Soft copy address: jeroen.wezelman@inta.ie

Hard copy and fees address: Jeroen Wezelman,
175 Monread Heights
Naas
County Kildare
W91 A5YF

Rules: I.T.F. Competition Rules

Trophies: 1st 2nd & Joint 3rd

Entries to: All entries must be returned to the tournament director, using only the attached spread sheet to jeroen.wezelman@inta.ie.

All competitors must have full insurance cover for this competition and will only be allowed to compete in official ITF dobuks and approved safety equipment: head guard, hand pads covering fingers, foot pads covering all toes and gum shield; men must wear a groin guard.



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Changes to the event. Please read this!

Running Order:

The running order of this event has been improved to allow younger people to finish their competition first.

Order of events Saturday		
1	13 years and under	Special Technique
2	8 years and under	Patterns and Sparring
3	9-10 years	Patterns and Sparring
4	11-13 years	Patterns and Sparring

Weigh In & Height Check:

All competitors of 13 years and under will be measured for their height at the two measuring stations before sparring. When a competitor loses his/her round of patterns, he/she will be directed to the nearest measuring station. He/she must then put the sparring gear on.

All competitors from 14 years and above, who are sparring, can weigh in all day Saturday, or on Sunday when he/she loses his/her round in patterns, he/she will be directed to the nearest weighing station. Dress code is either dobuk, or dobuk trousers with a T-shirt.

Any competitor whose height or weight falls in another category other than they are scheduled for will need to pay a €10 fine before partaking. Refusal to do so will lead to disqualification.

It is up to the instructor to ensure all measurements on the form are correct.

Coaching:

All coaches will need to be pre-registered and therefore need to be named on the soft copy.

All coaches will get an arm-band. Only coaches with arm-bands will be allowed on the floor.

Dress code is sports attire, track pants, T-Shirt, training shoes & towel (no dobuks, shorts nor umpire attire will be permitted).

We will allow each club to have one coach per ring.

Please inform your coaches regarding rules and regulations. No parents are allowed on the floor.

Umpires (I to VI degree):

Umpire meeting 9 a.m. sharp, both days.

All umpires must sign in and must attend the umpire meeting.

Only umpires of 16 years and older will be considered valid in relation to the umpire to competitor ratio for the clubs' minimum requirement for providing umpires.

Each School must have one umpire for every seven competitors, i.e. **1-7 competitors = 1 umpire, 8-14 competitors = 2 umpires, etc.**

If a club/school cannot send an umpire, then a surcharge of €50 per missing umpire must be paid, otherwise the entries cannot be accepted.



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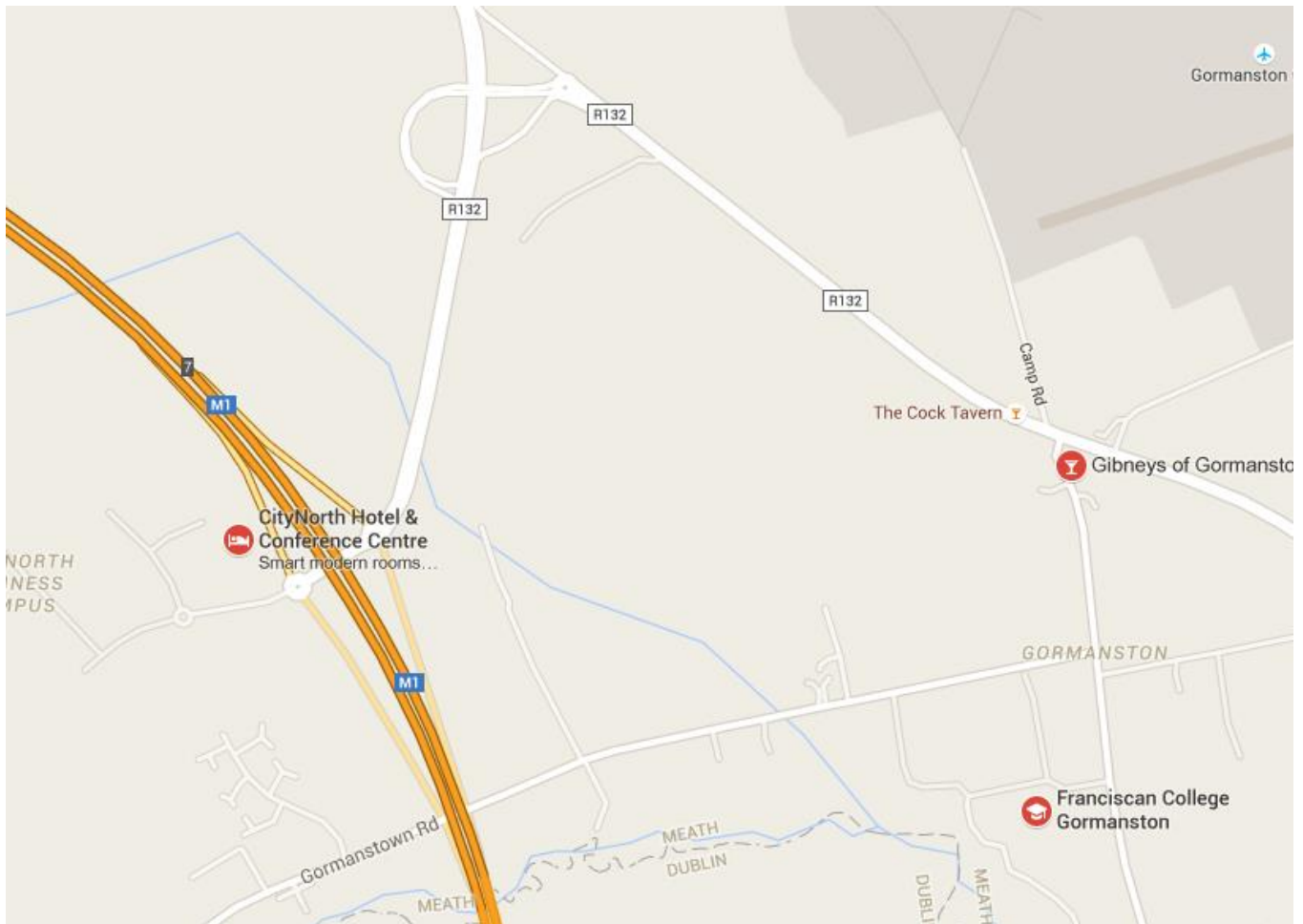


ACCOMMODATION

All accommodation requests can be made through us. Please send enquiries to events@inta.ie

LOCATION

Venue: (Franciscan College) Gormanston Park, Gormanston, Co. Meath



- 4 – The INTA is an Allied Association for the International Taekwon-Do Federation (ITF) in Ireland. Senior Instructors: Grand Master O'Toole 9th Degree, Master Douglas 8th Degree, Master Martin 8th Degree, Master Franks 7th Degree, Master Donnelly 7th Degree, Master Fagan 7th Degree, Master Stobie 7th Degree, Master Troy 7th Degree & Master Mesina 7th Degree.



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Special Technique

Colour belts, 13 years and under
1st Place

Division	Techniques
White to Yellow Belt Female 8 years and under	Overhead Kick
White to Yellow Belt Male 8 years and under	Overhead Kick
White to Green Belt Female 9 to 10 years	Overhead Kick
White to Green Belt Male 9 to 10 years	Overhead Kick
White to Green Belt Female 11 to 13 years	Overhead Kick
White to Green Belt Male 11 to 13 years	Overhead Kick
Green & Blue Belt Female 8 years and under	Overhead Kick
Green & Blue Belt Male 8 years and under	Overhead Kick
Blue & Red Belt Female 9 to 10 years	Overhead Kick
Blue & Red Belt Male 9 to 10 years	Overhead Kick
Blue & Red Belt Female 11 to 13 years	Overhead Kick
Blue & Red Belt Male 11 to 13 years	Overhead Kick

Junior Patterns

1st 2nd & Joint 3rd Place
(Male and Female will compete together)

Category	Grade	Pattern	Day
8 years & under	Yellow Tip	Pattern of choice	Saturday
8 years & under	Yellow Belt	Pattern of choice	
8 years & under	Green Belt	Pattern of choice	
8 years & under	Blue Belt	Pattern of choice	
9 & 10 years	Yellow tip	Pattern of choice	Saturday
9 & 10 years	Yellow Belt	Pattern of choice	
9 & 10 years	Green Belt	Pattern of choice	
9 & 10 years	Blue Belt	Pattern of choice	
10 years & under	Red Belt	Pattern of choice	
11 to 13 years	Yellow tip	Pattern of choice	Saturday
11 to 13 years	Yellow Belt	Pattern of choice	
11 to 13 years	Green Belt	Pattern of choice	
11 to 13 years	Blue Belt	Pattern of choice	
11 to 13 years	Red Belt	Pattern of choice	
13 years & under	Black Belt	2 Designated Patterns	Sunday
14 to 17 years	Yellow tip	Pattern of choice	Sunday
14 to 17 years	Yellow Belt	Pattern of choice	
14 to 17 years	Green Belt	Pattern of choice	
14 to 17 years	Blue Belt	Pattern of choice	
14 to 17 years	Red Belt	Pattern of choice	
14 to 17 years	Black Belt	2 Designated Patterns	



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Junior Sparring Colour Belts

1st 2nd & Joint 3rd Place
(Separate categories for male and female)

8 to 13 years: Height Divisions
14 to 17 years: Weight Divisions
(Weight & Height Divisions to be decided)

Category	Grade	Divisions	Day
8 years & under	Yellow Belt	-130 / 130-140 / 140+ cm	Saturday
8 years & under	Green Belt	-130 / 130-140 / 140+ cm	Saturday
8 years & under	Blue belt	-130 / 130-140 / 140+ cm	Saturday
9 & 10 years	Yellow Belt	-130 / 130-140 / 140-150 / 150+ cm	Saturday
9 & 10 years	Green Belt	-130 / 130-140 / 140-150 / 150+ cm	Saturday
9 & 10 years	Blue belt	-130 / 130-140 / 140-150 / 150+ cm	Saturday
10 years & under	Red Belt	-130 / 130-140 / 140-150 / 150+ cm	Saturday
11 to 13 years	Yellow Belt	-140 / 140-150 / 150-160 / 160-170 / 170+ cm	Saturday
11 to 13 years	Green Belt	-140 / 140-150 / 150-160 / 160-170 / 170+ cm	Saturday
11 to 13 years	Blue Belt	-140 / 140-150 / 150-160 / 160-170 / 170+ cm	Saturday
11 to 13 years	Red Belt	-140 / 140-150 / 150-160 / 160-170 / 170+ cm	Saturday
13 years & under	Black Belt	-140 / 140-150 / 150-160 / 160-170 / 170+ cm	Sunday
14 to 17 years	Yellow Belt	ITF Junior Weight Divisions (as below)	Sunday
14 to 17 years	Green Belt	ITF Junior Weight Divisions (as below)	Sunday
14 to 17 years	Blue Belt	ITF Junior Weight Divisions (as below)	Sunday
14 to 17 years	Red Belt	ITF Junior Weight Divisions (as below)	Sunday
14 to 17 years	Black Belt	ITF Junior Weight Divisions (as below)	Sunday

**Categories may be amalgamated depending on competitor numbers*

JUNIOR WEIGHT DIVISIONS

Male:

- (a) MICRO Up to 50 kg
- (b) LIGHT Over 50 to 56 kg
- (c) MIDDLE Over 56 to 62 kg
- (d) LIGHT HEAVY Over 62 to 68 kg
- (e) HEAVY Over 68 to 75 kg
- (f) HYPER Over 75 kg

Female:

- (a) MICRO Up to 45 kg
- (b) LIGHT Over 45 to 50 kg
- (c) MIDDLE Over 50 to 55 kg
- (d) LIGHT HEAVY Over 55 to 60 kg
- (e) HEAVY Over 60 to 65 kg
- (f) HYPER Over 65 kg



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Senior Patterns

1st 2nd & Joint 3rd Place

Black belt competitors must perform two designated patterns; the first designated pattern must be a pattern of their grade, e.g. a 2nd degree black belt must perform Eui-Am, Choong-Jang or Juche.

The second designated pattern being from Chon Ji to the highest pattern within the grade category.

Category	Grade	Designated Pattern
18 years and over	Yellow tip	Pattern of choice
18 years and over	Yellow Belt	Pattern of choice
18 years and over	Green Belt	Pattern of choice
18 years and over	Blue Belt	Pattern of choice
18 years and over	Red Belt	Pattern of choice
18 years and over	I Degree	Chon-Ji – Ge-Baek
18 years and over	II Degree	Chon-Ji – Juche
18 years and over	III Degree	Chon-Ji – Choi-Yong
18 years and over	IV – VI Degree	Chon Ji – Moon-Moo

Senior Sparring Colour Belts

1st 2nd & Joint 3rd Place

Male

3 weight divisions: -70kg -85Kg, 85+Kg

Category	Grade
18 years and over	Yellow Belt
18 years and over	Green Belt
18 years and over	Blue Belt
18 years and over	Red Belt

Female

2 weight division; -62kg, 62+kg

Category	Grade
18 years and over	Yellow Belt
18 years and over	Green Belt
18 years and over	Blue Belt
18 years and over	Red Belt

**Categories may be amalgamated depending on competitor numbers*



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Senior Sparring Black Belts

1st 2nd & Joint 3rd Place

SENIOR WEIGHT DIVISIONS

Male:

- (a) MICRO Up to 57 kg
- (b) LIGHT Over 57 to 63 kg
- (c) MIDDLE Over 63 to 70 kg
- (d) LIGHT HEAVY Over 70 to 78 kg
- (e) HEAVY Over 78 to 85 kg
- (f) HYPER Over 85 kg

Female:

- (a) MICRO Up to 50 kg
- (b) LIGHT Over 50 to 56 kg
- (c) MIDDLE Over 56 to 62 kg
- (d) LIGHT HEAVY Over 62 to 68 kg
- (e) HEAVY Over 68 to 75 kg
- (f) HYPER Over 75 kg

**Categories may be amalgamated depending on competitor numbers*

Senior Male over 40 years Black Belt (optional)

(1 weight division)

Category	Grade
40years. and over	I Degree – VI Degree

Senior Female over 40 years Black Belt (optional)

(1 weight division)

Category	Grade
40years. and over	I Degree – VI Degree

POWER

Senior Black Belts

1st Place

MALE

- a.- Ap-Joomuk Jirugi
- b.- Sonkal Taerigi
- c.- Yop Cha Jirugi
- d.- Dollyo Chagi
- e.- Bandae Dollyo Chagi

FEMALE

- a.- Sonkal Taerigi
- b.- Yop Cha Jirugi
- c.- Dollyo Chagi